



Esthetique & Spa

Comfort & Relaxation

A Soothing Solution

To A Stressful World...



Lot A4, Tower 1, Next Teracom, Ebene
Tel. : 4672591
Mob. : 59823136



Signature massage (120 mins) Rs 2600

At Waves we have a signature massage especially created to relax and uplift you by our very own crystal, it is a full body massage wrapped in all cultures that starts off your relaxation, and melt your stress away, at the end of your full body massage we give you a soothing scalp massage.

Aromatherapy massage (60 mins) Rs 1750

Aromatherapy is an alternative therapeutic technique which combines the natural properties of the essentials oils and the healing power of massage therapy, the benefits of aromatherapy is a pleasant method that encourage a healthy immune system to fight infection and strength the entire body.

Candle massage (90 mins) Rs 2150

An innovative and unique head to toe treatment, there is nothing like the sensual candle massage, this warm oil of natural butter will be drizzled over the skin for a wonderful massage treatment to melt away tension and delicately nourish the skin with there long and soft stroke movements.

Abhyamgam massage (75 mins) Rs 1925

This relaxing and refreshing full body massage is a masterpiece of kerala, it is done with mint oil, it's rhythmic motion helps to relieve joints and muscles from stiffness and helps in freeing the body movements by stimulating treatment, it increase blood circulation which in turn Encourage quick metabolic waste while providing relief to disease such as anxiety, fatigue and circulation disorders .

Pinda massage(90 mins) Rs 2100

Pinda massage is a vigorous massage done with two hot boluses, it is used to firmly agitate the skin, and as the body is initially heated, then begin the process of healing by activating the tissues.

Balinese massage (90 mins) Rs 2125

A unique approach massage developed in the Indonesian province of Bali, the Balinese massage techniques includes skin rolling, flicking, firm and gentle stroking with application of hot towels all over the body.



Trigger points therapy (75 mins) Rs 1950

A sensorial experience to relieve muscular pain and disfunction of the body, by applying pressure points on the referred pain, this massage is done without oil.

Deep relief massage (75 mins) Rs 2600

It is a unique combination of manual therapies, which includes stretching techniques and relaxing techniques as well, it helps you wind down after a long day at work or after a hard workout.

Lomi-Lomi massage (90 mins) Rs 2100

The ancient art of lomi lomi massage combines long gliding strokes with sustains pressure for the deepest relaxation you can get.

Reflexology (60 mins) Rs 1600

A divine one hour massage that stimulates reflexology points, and helps to increase blood circulation and relaxation all over the body throughout the day.

Pre-Post pregnancy massage (60 mins) Rs 1800

Pre natal massage is a natural touch therapy treatment aimed at alleviating physical and emotional changes that occurs as a result of increasing weight, shifting posture which increase hormone levels. Mothers who endures heightened and physical discomfort that ranges from muscular tensions, the pre natal massage helps to decrease pain in the pelvis and hip area, it increases the circulation and reduces fatigue.

Lymphatic drainage massage (75 mins) Rs 1950

A unique gentle massage which is intended to encourage the natural drainage of the lymph, which carries waste products away from the tissues back toward the heart, manual lymph drainage uses a specific amount of pressure and rhythmic circular movements to stimulate lymph flow.

Headache and tired eyes relief (45 mins) Rs 1400

A sensorial experience that brings circulation to the area and release sinus pain, eyestrain and headache.



Tension release back massage (45 mins) Rs 1450

An ideal massage of either back or neck and scalp, it relieve tension and soreness with the help of hot towels, and it helps the circulation of energy flow.

Slimming Treatment (75mins) Rs 1950

This high performance, innovative treatment tackles cellulite and stubborn, unwanted curves for amazing results.

Slimming Massage (45min) Rs 1900

This Massage is defined as a treatment that involves tapping and Kneading movements to process the loss of weight



Thalgo Hydra Skin Care

Thalgo basic care (60 mins) Rs 1200

A deep hydrating action which is ideal for all types of skins, with an exclusive massage of face, neck and shoulders, which enhance the benefits of relaxation.

Thalgo hyper pigmentation treatment (75 mins) Rs 2000

A unique lightening treatment that helps to diminish existing dark spots, while preventing new formations of dark spots, it protects the skin from free radical damage and results can be seen in as little as three weeks.

Thalgo anti-ageing treatment (75 mins) Rs 1850

A unique tensor lifting from the first treatment, this facial smoothes the entire face and fills deep wrinkles in just one hour.

Hydra Marine Rituals (75 mins) Rs 1950

A unique treatment which combines round the clock hydration with maximum luminosity and radiance, this treatment is ideal for normal and dehydrated skin, it provides a 24 hour hydration while infusing it with a new and perfect radiance.

Purifying Marine Rituals (90mins) Rs 1825

A unique and soothing treatment that allows the most sensible skin to fight against all inconvenience to regain daily serenity.

Sensitive Marine Rituals (90mins) Rs 1650

A radiance and balance of fresh skin that maintain the optimum moisture level with a long lasting mat finish and leaves the face fresh all day.

Eye Treatment (30 mins) Rs 500

These ultra relaxing treatments begin with a cleanse and gentle massage of the eye area using a specific massage. The eye cold mask will reduce puffiness and dark circles and will gently smooth out any lines or wrinkles

Gold facial (90min) Rs 2200



Body exfoliations and wraps

Aquatic scrub	Rs 1100
Descomask scrub	Rs 1100
Coconut scrub	Rs 800
Coffee scrub	Rs 800
Luffa scrub	Rs. 1050
White rice scrub	Rs. 800
Cereal scrub	Rs. 800
Coco, miel & menthe	Rs. 1175
Chocolate scrubs	Rs. 1150
Gold scrubs	Rs. 1220
Mint scrub	Rs 800
Scitillant scrubs	Rs 1220
Papaya scrubs	Rs 1100
Apricot scrubs	Rs 1025
Lemongrass scrubs	Rs 1100
Teatree scrubs	Rs 1100

Wraps

Micro eclatees	Rs 1050
Honey wraps	Rs 1190
Green tea wraps	Rs 1220

Packages

Scrubs+ Wraps	Rs. 2125
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Waxing

Eyebrow shaping	Rs 175
Upperlips	Rs 150
Chin	Rs 190
Face Wax	Rs 850
Bikini	Rs 650
Brazilian waxing	Rs 1200
Oriental waxing	Rs 1950
Full Arms	Rs 825
Underarm	Rs 475
Half leg	Rs 690
Full leg	Rs 1100
Tights	Rs 1350
Back	Rs 1475

Package

Oriental waxing + full leg + full arm	Rs 3800
Underarm + arm	Rs 1400
Full leg + arm + underarm	Rs 2250



Spa etiquette

All spa guest should arrive maximum 15 mins in advance of their schedule treatment

Payment

We accept the following method of payment : cash, debit card, credit card.

Cancellation

If you wish to cancel or reschedule your appointment we require a maximum of 3 hour notice.

Gift certificates

Gift certificates are available to create a unique spa experience for someone special

Spa attire

For your comfort a shower is recommended before each treatment, we will provide you with a robe, slippers, and disposable underwear and lockers are available for your personal belongings.

Personal belongings

Spa is not responsible for any loss or stolen articles.

Opening hours :

Monday to Thursday: 8:30 - 19:30

Friday: 8:30 - 20:00

Saturday: 8:30 - 18:15

Sunday: 8:30 - 15:00

Public holidays : 8:30 - 18:15

Address : Lot A4 Tower I, Next Teracom, Ebene

Email : wavesesthetique@outlook.com

www.wavesesthetiqueandspa.com

Tel : 4672591 - 5982 3136

Turkish Bath (Hammam)



Traditional Turkish bath 50 mins

Rs 2100

The hammam ritual is a venerated Moroccan tradition, which has endured for centuries into the present day.

Turkish bath is done in the hammam to cleanse your body from head to top with the help of the natural exfoliant savon noire and kessa gloves. after the skin is well cleanse a relaxing massage with trochetta bubble mousse is done by your beautician in the hammam itself.



Package For 2

Aquatic Body care (2hr30) Rs 6900

Full body exfoliation with aquatic scrub, along with a soothing wrap of marine algae and feel the unique experience of a sensual lomi-lomi massage (90 mins)

Green tea Body care (3 hour) Rs 7200

Green tea scrub, with a green tea and honey wrap accompanied with a sensual candle massage with green tea perfumed oil (90 mins) in a peaceful moment to enjoy the champagne and delicacies

Chocolate and honey Body care (2hour) Rs 7500

Coffee scrub, relaxing and soothing chocolate wrap accompanied with a chocolate and honey massage in a discreet atmosphere.





Package For 1

Exotic Body care (2hr30) Rs 3550

An amazing full body exfoliation with a pleasant full body wrap and be pampered with a unique and relaxing massage. (90 mins)

Beauty Body care (3hr30) Rs 4950

A full body exfoliation with descomask scrub, an express manicure, and pedicure, with a basic care facial, accompanied with a final touch of an aromatherapy massage. (90 mins)

Coffee and honey Body care (2hr30) Rs 3725

A relaxing moment of pleasure with a meltaway coffee scrub with a warm wrap of honey and a supreme temptation of candle massage. (90 mins)

Coconut Shell (2hr 15) Rs 3350

This ritual begins with a deep intense whole body scrub, who gently removes skin dead cells and leave silky effects, next application of warm coconut oil on the scalp wrapped in a warm towel. After that, the body is massaged using coconut shells which improve the body contour and stimulate the blood circulation. At last, a soothing face and scalp massage is done with warm coconut oil in order to nourish the face hair and scalp.



SKIN CARE BATH TREATMENTS.

Our bath treatments includes a wide range of vitamins and minerals to hydrate, detox and soften your skin. Fresh flowers is included in our bath treatments.

CLEOPATRA BATH TREATMENT (90 MINS) RS 2900

This treatment begins with a full body honey scrub, you will then relax in an infused milk and honey bath with essential oils and fresh flowers. This treatment will help to nourish the skin. After that a nourishing cream is applied all over the body to keep the skin moisturise.





MASSAGE AND BATH TREATMENTS.

(REST ASSURED SOAK AND MASSAGE) 120 MINS Rs 2800

Step into a hot soaking bath with essential oils to balance your mind and body. Minerals to hydrate and restore the skin. Stress will melt away in anticipation of a customized full body massage using essential oils that complement those used bath. The final touch is an ultra - hydrating warm eco- fin cream applied to your feet to seal in the moisture. Your therapist will then wish you sweet dreams. We have built in a 15 mins of sleep as the therapist step out of the room.

(MOTHER TO BE BATH AND MASSAGE) 75 MINS RS 2200

Both pampering and relaxing, this treatment with a soak bath at a temperature safe for mom and baby infused with organic oil to smooth the skin and relieve tummy dryness, followed by a customized full body massage using calming essential oils.

(LAVENDER BATH AND MASSAGE TREATMENT) 110 mins Rs 2400

Consider this ultimate pain and stress relief treatment begins with a full body exfoliation using lavender scrub, you will then relax in a luxurious bath soak infused with lavender essential oils, after that you will be treated in a luxurious bath soak infused with lavender essential oils, after that you will be treated with a full body massage with lavender essential oils to relax.



SEASONAL BATH TREATMENT. (90 MINS) RS 2825

This luxurious treatment changes to incorporate the season's freshest ingredients. After a full body exfoliation and application of mask, you will then slip in a hot bath tub with antioxidants and hydrating oils. Enjoy a hot beverage while you soak, the treatment ends with a full body hydration and a soothing scalp massage.

SKIN CARE BATH TREATMENT (75 MINS) RS 2200

This treatment begins with a full body detoxifying scrub, followed by our signature bath soak infused with essential oils and fresh flowers to help you relax. To conclude the service application of moisturising cream is done to leave the skin fresh and moisturise.

MOROCCAN EXPERIENCE BATH TREATMENT (90 MINS) RS 2970

This healing spa treatment begins with a black soap exfoliation, and application of mask to hydrate the body, you will then relax in an oil infused bath. Enjoy a warm beverage while hydrating in an argan oil, its magic. The treatment finishes with a full body hydration using infused oil.

Carbon Laser Hair Removal



CARABON PEEL LASER a revolutionary laser treatment that is completely painless with minimal-to-zero down-time. It is highly beneficial for people with oily skin, black-heads, enlarged pores, dull skin, and acne on the face or body. A layer of liquid carbon is applied to the skin, where it penetrates deep into the pores.

Skin analysis	Rs 1000
Carbon peel laser	Rs 3600
Underarm	Rs 1450
Full arm	Rs 2200
Bikini	Rs 1450
Tights	Rs 1450
Back	Rs 5800
Full leg	Rs 3000

Diode Laser Hair Removal



The virtually painless solution for hair removal. Diode laser hair removal machine represents a new era in laser hair removal technology & treatment methods.

Removing hair often requires a series of laser treatments. Most patients can have laser hair removal every 4 to 6 weeks.

Skin analysis	Rs 1000
Full Face	Rs 3500
Side Face	Rs 1350
Full Arm	Rs 3500
Underarm	Rs 1950
Upper Lip	Rs 1100
Full Leg	Rs 3500
Bikini Line	Rs 1800
Abdomen	Rs 1700

Hydra Dermabrasion



Combining powerful exfoliation,cleansing,hydrating and skin resurfacing that leave the skin hydrated, looking brighter, smoother and rejuvenated.

90 mins HYDRABRASION SKIN CARE

RS 3100

High Frequency Facial



High Frequency is a popular skincare technique that is used to treat a variety of conditions, including acne management, enlarged pores, fine lines and wrinkles, and puffy or dark eyes.

Skin analysis

Rs 1000

Facial

Rs 2900